



## 2010 Fall Athletics Information

### **Varsity Cheerleading Team**

Preseason practice dates:  
Regular practice times/days:  
Practice location:

Coach Amber Maltby: [a501bluz@aol.com](mailto:a501bluz@aol.com); 518-6696  
August 16-20 (9:30-11:00 a.m.) & August 23 (9:30-11:00 a.m.)  
3:30-4:30 (M-TH)  
ODA – Petrik Thunderdome / The Quad / Fine Arts Center

### **JV Cheerleading Team:**

Preseason practice dates:  
Regular practice times/days:  
Practice location:

Coach Shelby King: [kinggirl@ufl.edu](mailto:kinggirl@ufl.edu); 730-8482  
August 16-20 (9:00-10:30 a.m.) & August 23 (9:00-10:30 a.m.)  
3:30-4:30 (TU and TH)  
ODA – Petrik Thunderdome / The Quad / Fine Arts Center

### **Boys and Girls Cross-Country Team**

Preseason practice dates (Grades 9-12):  
Preseason practice dates (Grades 7-8)  
Regular practice times/days:  
Practice location:

Coach Joe Runge: [jrunge@oda.edu](mailto:jrunge@oda.edu) ; 554-5990  
August 16-20 (3:45-5:00)  
August 23 (3:45-5:00)  
3:45-5:00 (M-F)  
ODA Track

### **Varsity Football Team** (grades 10-12):

Preseason practice dates:  
  
Regular practice times/days:  
Practice location:

Coach Brett Timmons: [btimmons@oda.edu](mailto:btimmons@oda.edu); 554-5967  
August 9-13 (8:30-10:30 a.m. & 3:30-5:30)  
August 14 (8:30-10:30 a.m.)  
August 16-20 (3:30-5:30) and August 23 (3:30-5:30)  
3:45-5:45 (M-F)  
ODA Football Field

### **JV Football Team** (Grades 7-9):

Preseason practice dates:  
Regular practice times/days:  
Practice location:

Coach Ken Sommers: [ksommers@oda.edu](mailto:ksommers@oda.edu); 554-5979  
August 16-20 (3:30-5:30) and August 23 (3:30-5:30)  
3:45 – 5:45 (M-F)  
ODA Football Field

### **Girls and Boys Golf Team**

(Grades 7-12)  
Preseason practice dates:  
Regular practice times/days:  
Practice location TU-TH:  
Practice location Mon:

Coach Rodney Woods (G): [rwoods@oda.edu](mailto:rwoods@oda.edu); 554-5959  
Coach Shelley Stone (B): [sstone@oda.edu](mailto:sstone@oda.edu); 554-5989  
August 17-20 (3:45-5:30) and August 23 (3:45-5:30)  
3:45 – 5:30 (M-TH)  
Lakewood Ranch Country Club  
Jonathan Yarwood Golf Academy at Concession Golf Club

### **Girls and Boys Sailing Team**

(Grades 8-12)  
Practice begins:  
Regular practice times/days:  
Practice location:

Coach Paul LeBras: [plebras@oda.edu](mailto:plebras@oda.edu)  
  
August 31 (4:00-7:00)  
Tuesdays (4:00-7:00)  
Sarasota Sailing Squadron

<b>Girls and Boys Swimming Team:</b> (Grades 7-12)	Coach Carolyn Keber: <a href="mailto:ckeber@oda.edu">ckeber@oda.edu</a> ; 554-5952
Preseason practice dates:	August 16-20 (3:30-5:30) and Aug 23 (3:30-5:30)*
Regular practice times/days:	3:15–5:30 (M-F)
Practice location:	Serendipity Racquet Club and Arlington Park Swimming Pool
Transportation Information:	Bus transportation to and from practice will be provided. Departure at 3:15 from ODA / Return to ODA by 5:45 *Bus transportation NOT provided for preseason practices
<b>Varsity Volleyball Team</b> (Grades 9-12):	Varsity: Coach Julio Cruz: <a href="mailto:jcruz@oda.edu">jcruz@oda.edu</a> ; 554-5998
Preseason practice dates:	August 9-13 (3:30-5:30)
Regular practice times/days:	August 16-20 (3:30-5:30) and August 23 (4:30-6:30)
Practice location:	4:30-6:15 (M-F) ODA – Petrik Thunderdome
<b>JV Volleyball Team</b> (Grades 9-10):	Coach Cynthia Ritchie: <a href="mailto:cynthia.ritchie@gmail.com">cynthia.ritchie@gmail.com</a>
Preseason practice dates:	August 9-13 (3:30-5:30)
Regular practice times/days:	August 16-20 (3:30-5:30) and August 23 (4:30-6:30)
Practice location:	4:30-6:00 (M-F) ODA – Petrik Thunderdome
<b>Middle School Volleyball Team</b> (Grades 7-8)	Coach Jeff Horr: <a href="mailto:jhorr@oda.edu">jhorr@oda.edu</a> ; 554-3449
Preseason practice date:	August 23 (2:30-4:30)
Regular practice times/days:	3: 15 – 4:30 (M-F)
Practice location:	ODA – Petrik Thunderdome

### Other Important Athletics Information

**Athletic Participation Forms:** Don't forget that your athletic participation forms must be completed and submitted to the Athletic Office or the Upper School office before students are allowed to participate in any ODA Athletic practice or competition. Participation forms may be printed off from the following link on the athletics web page:  
<http://www.oda.edu/page.cfm?p=1978>

**Fall Sports Parent Information Meeting:** All middle and upper school parents with student-athletes participating in cross-country, fall cheerleading, football, golf, sailing, swimming and volleyball are required to attend. **The meeting will be held on Monday, August 23<sup>rd</sup> from 7:00-8:15 p.m. in the Thunderdome on the Uihlein campus.** The meeting will begin with general athletics information in the Thunderdome and then the group will split up into assigned classrooms for team meetings led by the head coaches. Thunder Athletic Club memberships and season passes will be available for purchase at the meeting.

**Questions:** If you have questions regarding participation forms or fall sports information please contact the athletic office at (941) 554-5998.